

HEALTH AND WELLBEING BOARD

29 NOVEMBER 2017

	Report for Resolution
Title:	Joint Health and Wellbeing Board Strategy 2016-2020 Outcome 1: Healthy Lifestyles Physical Activity and Nutrition Declaration
Lead Board Member(s):	Helen Jones, Director for Adult Social Care, Nottingham City Council
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Brief summary:	This declaration encapsulates a vision to improve physical activity and nutrition in Nottingham City and in doing so secure the health and wellbeing of the local population. It was brought in front of the Board in September and members were given the opportunity to comment by 01/11/17. Comments have now been taken into account and members are asked to take a decision on endorsing the declaration.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- a) review the Nottingham City Physical Activity and Nutrition Declaration and take a decision on if to support the declaration;
- b) ensure that Board member organisations (or the organisations they represent e.g. Nottingham CVS) sign the Physical Activity and Nutrition Declaration and develop action plans as outlined in the declaration's commitments; and
- c) ensure Board members are aware signatories and their progress towards commitments will be reported back to the Health and Wellbeing Board on an annual basis.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This declaration fits within Outcome 1 of the Health and Wellbeing Strategy 2016-2020. However, elements within it also link to broad priority actions in Outcomes 3 and 4.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest	

levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health
The declaration asks signatories to acknowledge that obesity, physical inactivity and diet quality are inequitably distributed in the population with particular note to minority ethnic groups, mental illness and Intellectual/Developmental Disabilities. Signatories are further asked to note this declaration as an opportunity to reduce these inequalities.

Background papers: <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i>	None
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